

A Lot Can Happen in 72hrs!

This past week one of the largest winter storms in recent history swept across the United States. In Tulsa we accumulated a record breaking 14 inches of snow. As amazing (and cold) as 14 inches of snow may be, my thoughts were on another fact that was widely overlooked and I was reminded of some very important truths.

Tulsa was pummeled with record breaking snow on Tuesday, but the part of this story that caught my attention was that 72 hours earlier we came close to setting another record. Any guesses which record we almost set? (Whatever you are thinking, I am almost positive you are wrong?) On the Saturday prior to the storm, Tulsa almost set a new record for the WARMEST temperature on that date! Saturday's temperature was 76 degrees! My younger brother and I took our kids hiking at one of Tulsa's many parks and the weather was hot. What I want you to notice in this sequence of events is that it was 76 degrees outside less than 72 hours before we received a record breaking snow!

You may be asking, "What is the point Keith?" The point is the huge swing in circumstances that took place in less than 72 hours. It's important for us to know what caused such a swing. The changing of the temperature caused this phenomenal shift in circumstances. The fresh revelation I had while being snowed in was that *the temperature of our lives creates the circumstances of our lives*. The awesome difference between people and the weather is that we can, at will, change the temperature of our lives. We don't have to settle for our current set of circumstances.

Years ago I was deeply impacted by learning we all have the choice to be either a thermometer or a thermostat. A thermometer simply *records* the temperature of the air around it but a thermostat *sets* the temperature of the air around it! You have to ask yourself; are you simply measuring the temperature of your business or are you setting the temperature of your business? Are you measuring the temperature of your marriage or are you setting the temperature of your marriage? Are you letting someone else set the temperature of your life or are you setting the temperature of your life? These are powerful questions to consider. You want to be a thermostat not a thermometer!

There are three kinds of people in life...the people who set the temperature and make things happen...the people who just watch things happen...and the people who wonder what just happened. Those of us who choose to set the temperature of our circumstances will create more of the results we want in life.

The times I have forgotten this truth, before I knew it, I have allowed myself to be diluted to a lukewarm existence. There is nothing worse than living lukewarm! The good news is that when I was reminded of this truth, I took control and changed the temperature in the areas of my life I knew could be greater. Can you guess what happened? Many times when I took control and set the temperature according to my Greatness, I was amazed at the swing I would see in just 72 hours! My energy would change, my attitude would change, and my results would also drastically change. There have even been a few times that I reset the temperature and set new records in my life within 72 hours.

As you walk out this week, ask yourself if this is going to be one of your record setting weeks. If you look around and discover results in your life that you have settled for or areas you have grown lukewarm...stop being a thermometer and measuring the temperature and **START BEING A THERMOSTAT AND SET YOUR DESIRED TEMPERATURE!** Don't trust me, test me and see what happens in your next 72 hours...Live Great this week!